See Model City News on pages 7&8

THE TACOMA FACTS

10¢ "BRIDGING THE COMMUNICATION GAP" 10¢

SERVING;
TACOMA RESIDENTS
FORT LEWIS
SEATTLE

Volume 2 Number 44 1325 SOUTH 'K' ST. TACOMA, WASH. MA 7-5597 October 19, 1972

Marine Fencer In Olympics

America this year sent her first black fencers to the Olympics, and one of them was Marine lst. Lt. Bert Freeman, a National Champion who one day may become the best in the world.

Black Americans have long excelled at track, boxing and basketball in national and international competition. Indeed, Lt. Freeman first tried track in high school. Fencing, like tennis and skiing, has had little ghetto appeal or interest.

But today, blacks like Lt. Freeman are rapidly becoming leaders in that sport. Lt. Freeman first picked up a foil as a Midshipman at the U. S. Naval Academy and today he is the reigning U. S. champion.

In 1970, he was the National Collegiate Athletic Association's (NCAA) Foil Fencer of the Year. Lt. Freeman is no newcomer to international competition and has previously defeated some of those he met in Munich. Among his conquests have been Hungary's national champion, the 1968 silver Olympic medalist, and one of Poland's top fencers, well known in international matches.

Civilian KP's

Fort Lewis, WA--Any soldier distressed at the prospect of not having to pull KP duty can expect the worst here soon.

Officials said a contract--estimated to be in the vicinity of a million dollars--for civilian KPs should be awarded "by November 1."

A pre-award survey of the contract is being conducted by the Defense Supply Procurement Agency in Kansas City, Mo.

Plans call for 19 troops messhalls with a seating capacity of about 5,000 to be staffed by the civilian helpers.

The KP employees will be paid a minimum wage of $3.13 an hour, plus fringe benefits that include eight paid holidays and a minimum of one week vacation after employment for a year. The contractor, not the Army, will handle hiring.

Congress recently approved money for the Armed Forces to replace the traditional uniformed KPs with employees, but refused to fund civilian hiring for other troop details like grounds clean-up.

Some opponents of this part of the military appropriations bill said such details "help build character" and are good for the troops.

Early Childhood Education Classes

Japanese educator visit Lester Elementary School with special emphasis on Early Childhood Education classes.

The purpose of their visit is to compare their educational system with ours.

The Early Childhood Educaton Classes at Lester are part of the Follow Through Responsive Model Program which encompasses, Roosevelt, Tayet, Jefferson, Sthivley, Wainwright and Hawthrone, Head Start through grade 3.

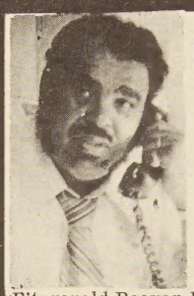
This program is very unique. The learning activities are self-rewarding (autotelic) and an enviroment structured to be responsive to the individual child's needs, culture, and interests are the main principles in this model. The autotelic principle states that the best way to learn is to be in an enviroment in which you can try things out, risk, guess, ask questions, and make discoveries without serious psychological consequences. Autotelic activities include tasks and games that help the child develop a skill, learn a concept, or acquire an attitude that can usefully be applied in some other endeavor.

The child is free from dependence on the authority of the teacher for rewards, punishments or feedback. The child becomes self-directed and develops inner controls.

The goals of the model are for the child to make interrelated discoveries about his physical and social world and to develop a healthy self-concept. A healthy self-concept allows the child to accept himself and his culture, to make realistic estimates of his own abilities and limitations, and to have confidence in his own capacity to succeed. Such a child is willing to take risks, learn from his mistakes, and feels safe in expressing his feelings. He learns to apply all his resources, emotional, physical and intellectual to the process of solving problems within his environment.

In the Responsive Model Classroom the child is free to explore within a carefully controlled environment containing learning centers, a variety of games and activities. There is freedom to choose activities within a already established limits. What he choose to do is likely to become important to him and stimulate affective invovlement and to pose real problems. The child searches for solutions to problems in his own way using the variety of resources, physical and human. The teachers guide his discovery of solution. The child finds out if his solutions work. Solutions he discovers often fit together and lead to other discoveries. The child's reward is what he gains from the entire experience.

It is assumed in the Model that no single theory of learning can account for all the ways in which children learn. What is considered essential is that a variety of educational alternatives be available to build on whatever background, cultural influence, or life style the child brings to school.



RIGHT ON.

FROM THE PUBLISHERS PEN

Fitzgerald Beaver Publisher and Editor

Some of our regular readers think The FACTS is partial to the writings of Thomas Paine, and particularly to his famous statement that "the price of liberty is eternal vigalance".

Well, that's true; and the activities in the field of radio and television proves it. For unless the Congress of the United States takes decisive action to halt it, the total takeover of U. S. radio and television by the government will be finalized within the next few years.

There will be but one radio and TV system. It will be operated, censored, programmed - in short, completely dominated - by an elite group of Washington bureaucrats.

This is a threat to all of us. For freedom of the press is the foundation of our national and personal freedom. And radio and television, like newspaper, are the American press. So bureaucratic encroachment, not by law by government ruling, must be resisted and defeated by us all.

If freedom and liberty are to survive in this country, the Federal bureaucrats must be deprived of their self-assumed power. Make no mistake about it; what is happening to TV and the American press is chilling proof that property rights and human rights cannot be separated, and that where bureaucrats control the first they have the power to destroy the second.

Radio and television can't fight this battle alone. They must have the backing of our newspapers and our citizens. The FACTS urges every citizen to write the candidate for Congress of his choice to vote against any further intrustion by the Federal Communications Commission upon the right to free expression.

Remember, the price of liberty is eternal vigalance. Speak out not against the throttling of free speech, the fundamental right of all liberty. Right On!

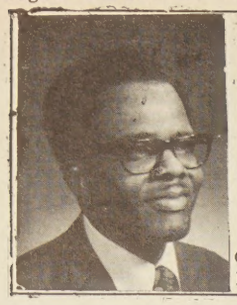
Military Appreciation Week

Fort Lewis, WA--Appreciation is about to bust out all over here.

Seven days and seven nights of fun, entertainment and special privileges start October 23 when Tacoma and Pierce County stage their annual Military Appreciation week.

The event has been hailed as one of the nation's top community salutes to men in uniform.

Along with the attractions of past years--tours, guests at club luncheons, appointing servicemen "officials for a day" and free tickets to sports and recreational activities--plans call for a USO dance October 28 at the Tacoma Armory.



You Are Invited to the
St. John Baptist Church
So. 20th & J St.
Tacoma, Wash.
Sundays. 10am, -11am.
We Offer
Family Counseling &
Spiritual guidance.
Rev. J. A. Boles
Pastor
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Res. LO-4-5486

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FOR THE BEST IN
8-TRACK TAPES AND LP'S
Monday — Saturday, 12:00-7:00 p.m.
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machines
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SCLC Staff Photo — Spurgeon Smith

ATLANTA, GA. (Oct. 3, 1972) — Although Mozley Park turned out to be rainy and unusually cold last Saturday, the Saturday People's Liberation Rally carried on with its BLACK SPECTACLE Membership Drive. Over 1,000 chilled, damp SCLC supporters stood pat, cheering Representative Julian Bond; Dr. Ralph David Abernathy; and other nationally known civil rights leaders. Periodically the crowd was heated up by popular music of the Swahilis, the Citations, and the Omistics Bands. Entertainers thrilling the SCLC membership card seekers included Comedian Tommie Brown, Sister Liz Land and Sister Shirlene King.

Once nationally-known civil rights leader and comedian Dick Gregory appeared on the scene, the crowd easily swelled to nearly 2,000. Rev. Hosea Williams, President of the Metro Atlanta/DeKalb SCLC that is sponsoring the membership drive, said, "Mr. Gregory made one of the most profound speeches I've ever heard. He ran down some real heavy stuff. The bourgeoise blacks in Atlanta sure could have learned a lot about their hang-ups."

The crowd went wild when Gregory told them, "Hosea seems to be Atlanta's only hope for fulfilling Dr. King's dream. Atlanta is the home of many of our national leaders, yet they continue running all over the world settling problems, while refusing to stand up to the power structure right here in this affluent city that has always lied about being 'too busy to hate'."

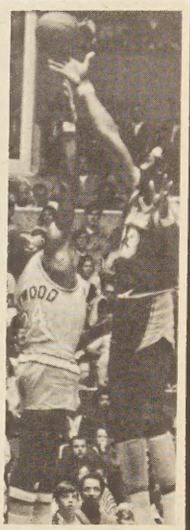
Gregory then purchased a $500.00 Life Membership for himself in the Metro Atlanta/DeKalb SCLC, writing a personal check for the required $100.00 down payment. "I am purchasing the highest membership SCLC offers for one main purpose — I believe in my man Hosea's leadership. But, you've got to get J. B. Stoner to buy lunch for Brother Rap Brown and me when the next installment is due," Gregory told the cheering crowd.

SEATTLE SUPER SONICS

Seattle's
6th
NBA
Season

Home Opener Friday, Oct. 20, 8 p.m
The Golden State Warriors
★ Rick Barry ★ Nate Thurmond
★ Cozzie Russell
Seattle Center Coliseum
Next: Sun. Oct. 22, Portland, 7 p.m.
Ladies and Senior Citizens ½ price
All Sections.

TICKETS ON SALE
Sonics Office
221 W. Harrison
Fidelity Lane Ticket Office
Mon.-Fri., 10 a.m.-5 p.m.
Sat. Noon—5 p.m.
Prices: $6.00, $5.00, $4.00, $2.50
Students & Juniors 16 & under ½ price
All Sections
No phone orders



The Tacoma Hometown Plan Means High Paying Jobs For Minorities

PRE-APPRENTICESHIP

If you're interested in construction, check the opportunities that are yours through Project Outreach. Testing - Counseling - Preparation. STARTING RIGHT FOR A LIFE'S WORK.

APPRENTICESHIP

Time: 2, 3 or 4 years depending on the trade you select. Once you begin you are on your way to high pay through a good skill. IT IS NEVER THE EASY "INSTANT" WAY THAT PAYS off in the long run, it doesn't work with the Building Trades either. Come in and talk with our people, they'll get you started right.

ADVANCED TRAINEES

Oiler Trainee ----------
Construction Students----------
Heavy Equipment Operator Trainee----------
Multi-Axle Truck Driver Trainee----------
----------You may be qualified in one of these fields-------

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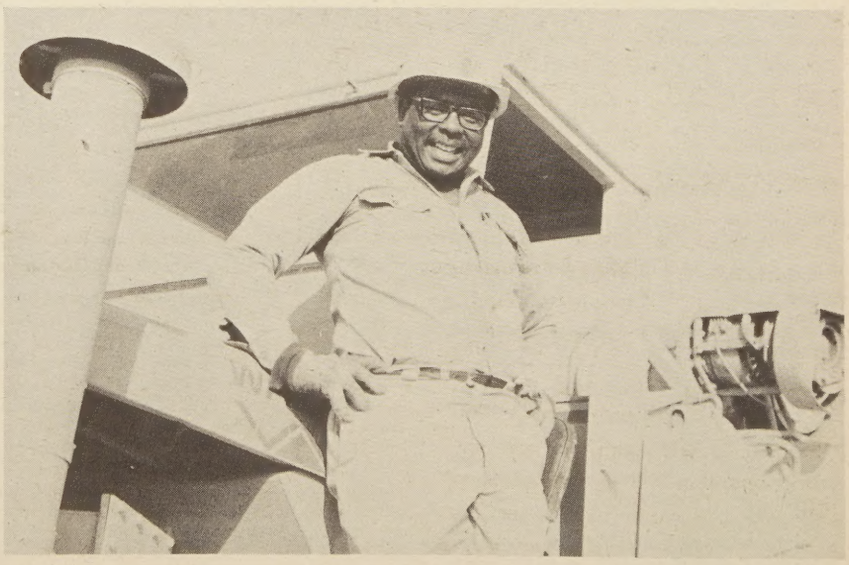
We set up advanced trainee interviews, aid potential journeymen, test and qualify for union status. Most men who make the transition increase their income by 50% to 70%. . .



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DISCOUNT

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Prices Effective Wed. Oct. 18th, thru Sat. Oct 21st. No sales to Dealers.

Safeway. the Store for Today's Woman

ENJOY THE BEST AT LOW DISCOUNT PRICES!

- PINEAPPLE GRAPEFRUIT **Drink** Del Monte, 46-oz. 34¢
- **Tomato Juice** Del Monte 32-oz. 36¢
- **Pear Halves** Del Monte 16-oz. 36¢
- **Fruit Cocktail** Del Monte 17-oz. 27¢
- **Green Beans** Del Monte Cut, 16-Ounce 23¢
- **Tomato Catsup** Del Monte 32-oz. 51¢
- **Corn** Del Monte Creamed or Whole Kernel, 17-oz. 24¢
- **Green Beans** Del Monte Italian Style, 16-oz. 27¢
- **Green Beans** Del Monte Seasoned, 16-oz. 23¢
- **Peas** Del Monte, Early Garden, 17 Ounce 24¢
- **Tomatoes** Del Monte Stewed, 16 Ounce 26¢
- **Lima Beans** Del Monte Green, 17 Ounce 36¢

Discount Paper Products

- **Bath Tissue** Coronet, 2 Roll Pkg. 29¢
- **Facial Tissue** Coronet 200 Sheet 27¢

Grand Opening Wed Oct. 18
New So. 164th & Military Rd.
Safeway Gala 4 day Celebration
Free carnations — Free
Favors. Early Bird Awards

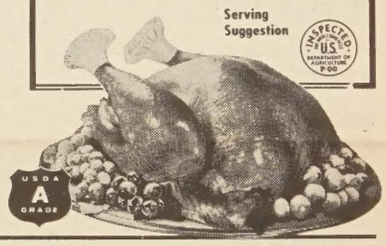
Boneless Hams 5 to 7 lbs. Cudahy or Hygrade Water Added lb. 98¢

- **Pork Shoulder Butt** Boneless, lb. 89¢
- **Pork Shoulder Steaks** lb. 89¢
- **Beef** SIRLOIN TIP **Roast** or Bottom Round Roast, Choice, lb. $1.29
- EXTRA LEAN **Ground Beef** lb. 98¢
- **Sliced Bacon, Safeway** 2-lbs. $1.77 1-lb. 89¢
- **Ground Turkey** lb. 69¢

Beef Top Round Steak U.S.D.A. Choice Boneless Aged For Flavor $1.39 lb.

Young Turkeys 10-14 Lbs. Manor House U.S.D.A. Grade A Fresh Frozen lb. 39¢

Serving Suggestion



- **Beef Liver Sliced** lb. 69¢
- BONELESS DICED **Turkey Thighs** lb. 69¢
- **Safeway** ALL BEEF **Wieners** lb. 85¢
- **Thuringer Chubs** Armour's Dbl. Smoked, lb. $1.43
- **Fish & Cheese** Portions, lb. 98¢
- **Sole or Perch Fillets** Breaded & Cooked, lb. 85¢
- **Fresh Fall Salmon** Whole or Roasts, lb. $1.09

Discount Frozen Foods

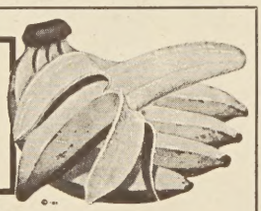
- **Ice Cream** Snow Star (Gal. $1.18) ½ Gal. 59¢
- **Orange Juice** Bel-air 6-Ounce 23¢
- **Bel-air Juice** Grapefruit, 6-oz. 25¢
- **Vegetables** Danish Bel-air, 10-oz. 41¢
- **Vegetables** Winter Mix Bel-air, 10-oz. 41¢
- **Vegetables** Italian Style Bel-air, 10-oz. 41¢
- **Beans** French Beans with Almonds, Bel-air, 9-oz. 37¢
- **Jeno's Pizza Rolls** Sausage & Cheese, 6-oz. 65¢
- **Pizzaria Pizza** Jeno's Sausage, 18-oz. $1.73
- **Pizzaria Pizza** Jeno's Cheese, 13-oz. $1.34
- **Peas & Pearl Onions** Bel-air, 10-oz. 29¢
- JAPANESE STYLE **Vegetables** Bel-air 10 Ounce 43¢
- **Tree Top Apple Cider** Tree Top 16-oz. 43¢

- **Coffee Tone** Lucerne 16 Ounce 69¢
- **MJB Coffee** 2-lbs. $1.55
- **MJB Coffee** (3-lbs. $2.59) lb. 96¢
- **Decaf** Caffein Free Instant Coffee, 4-oz. 89¢
- **Coffee** Taster's Choice Freeze Dried Instant Coffee, 4-oz. $1.13

Discount Pet Foods

- **Alpo Beef Chunk** Canned Dog Food, 14¾-oz. 29¢
- **Alpo Horsemeat** Canned Dog Food, 14¾-oz. 29¢
- **Alpo Meat Trio** Canned Dog Food, 14 Ounce 29¢
- **Alpo Liver Chunk** Can Dog Food 14¾ oz. 29¢

Golden Bananas No. 1 Fancy Family Treat Good So Many Ways lb. 12¢



- **Fresh Artichokes** Ea. 19¢
- **Delicious Apples** Wash. Grown Fancy, 4-lb. Bag 69¢
- **Baking Squash** Cut To Family Size Portions, lb. 6¢

GEM **Potatoes** Clean No. 2 Washington Grown 20-lb. Bag 89¢

"More Fresh Produce"

- **Cherry Tomatoes** 12 oz. 29¢
- **Large Avocados** Ea. 49¢
- **Pomegranates** Kids Love'm, Ea. 19¢

SAFEWAY **Bake Shop**

- MRS. WRIGHT'S **Butterhorns** Cinnamon, Package of 12 99¢
- **Skylark Homestyle Bread** 23½-oz. 35¢
- SKYLARK JUMBO **Sandwich Bread** 30 Ounce Loaf 41¢

- LaLani PINEAPPLE GRAPEFRUIT **Drink** 46-Ounce 34¢
- **B & M Baked Beans** 19 Ounce 33¢
- **B & M Brown Bread** 16 Ounce 37¢
- **Lawry's Garlic Spread** 4-oz. 42¢
- DINTY MOORE **Beef Stew** 40 Ounce 1.18
- **Big "G" Cheerios** 15 Ounce 63¢
- **Lipton's Beef Stroganoff** 6¼-oz. 77¢
- ORVILLE REDENBACKERS **Popcorn** 15 Ounce 69¢
- **Golden Grain Dinners** Stir N Serve 7 Ounce 49¢
- **Doxsee Clam Chowder** New England Style, 15-oz. 38¢
- **Jif Peanut Butter** 18 Ounce 66¢

LUCERNE **Cottage Cheese** (2 Pounds 48¢) SUPER SAVER lb. 24¢

LUCERNE **Cube Butter** or Shady Lane SUPER SAVER lb. 79¢

- **Cream Topping** Lucerne, 6½-oz. 47¢
- **Margarine** (Corn Oil, lb. 32¢) Sunnybank—Regular, lb. 25¢
- **Lucerne Gouda Cheese** 8-oz. 62¢
- **Sundae Style Yogurt** Lucerne, 8-oz. 23¢
- **Sharp Cheddar Cheese** Safeway Pound $1.06
- **Kuminost Cheese** Safeway, Pound 99¢
- **Fleischmann's** Regular, Margarine, lb. 46¢
- **Blue Bonnet** Regular, Margarine, lb. 34¢

- **Golden Heart Flour** 10-lbs. 89¢
- **Angel Food Cake Mix** Duncan Hines 14½-Ounce 65¢
- **Chocolate Chips** (12 Ounce 47¢) Hershey's Semi Sweet, 6-oz. 24¢
- **Chocolate Chips** Hershey's Milk Chocolate, 11½-oz. 49¢
- **Chocolate Chips** Hershey's Mint Chips 12-ounce 49¢
- **Apple Fruit Filling** Wilderness, 21-oz. 47¢
- **Layer Cake Mixes** Mrs. Wright's, 18½-oz. 29¢
- **Velkay Shortening** 3 Pounds 77¢
- **Crown Colony Salt** 26-ounce 12¢
- **C & H Cane Sugar** 5-lb. Bag 69¢
- **Candi Cane Sugar** 5-lb. Bag 66¢
- **C & H Powdered Sugar** lb. 19¢
- **C & H Brown Sugar** lb. 20¢

SUPER SAVER **Chicken of the Sea** Chunk Style Tuna Fish 6½-oz. 38¢

Discount Health & Beauty Aids

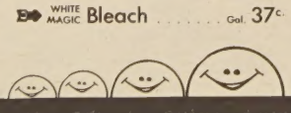
- **Bright Side Shampoo** 11-Ounce 1.13
- **Contac Capsules** Package of 20 1.89
- **Right Guard** Antiperspirant, 13-Ounce 1.53
- **Vitamin C 250 Mg.** Safeway, 100's 56¢
- **Clairol Balsam 2** Protein Conditioner, 12-oz. 1.39
- **Vaseline Intensive Care** Lotion, 10-oz. 87¢
- **Excedrin** Bottle of 100 1.19
- **Alka Seltzer** Package of 25 55¢
- **Capri Foaming Bath Oil** 64-oz. 1.09
- **Vaseline Petroleum Jelly** 12-oz. 74¢
- **Tampax** Regular or Super, 40's 1.39
- **Feminine Napkins** Regular or Super Truly Fine, 24's 69¢

Discount Kitchen Helpers

- **Glad Oven Bags** 10's 49¢
- **Wastepaper Bags** Glad 20's 69¢
- **Trash Bags** Glad, 8's 85¢
- **Trash Can Liners** Hefty Lg. 10's 98¢
- **Tall Kitchen Bag** Hefty 15's 55¢
- **Lysol Cleaner** Basin, Tub & Tile, 17-oz. 79¢
- **Wizard** Air Freshener, 9-oz. 54¢

Discount Laundry Helpers

- **Rain Barrel** Fabric Softener, 26 Ounce 83¢
- **Dry Bleach** Miracle White, 26-oz. 63¢
- **Purex Bleach** Gal. 52¢
- **White King Soap** 40-oz. 71¢
- WHITE MAGIC **Bleach** Gal. 37¢



PRICES EFFECTIVE AT THE TACOMA SAFEWAYS ONLY

Movin' & Groovin'
Smokin' & Jokin

Theron Alan Farrell (Brother Duck) Press agent, M.C. and Dis Jockey. Press Agent for Jonah's Whale has been a Disc Jockey in Nashville, Tennessee, Shreveport, La., Boise, Id. also a vocalist in Anchorage, Alaska and a Instrumentlist at Nashville, Tennessee. He plays Bass Guitar, and has played with such bands as Johnny Jones and the King Kasuals 64-65, and Esquires 65-66.

He entered U.S. Air Force in 1967 and arrived in Tacoma Dec. 4, 1970. While in Tacoma he played with BIG MAC THE WEE DOO, (James McKethan) at the Esquire Dinner Club (Tacoma). He has appear with Lavell Whitman (THE STICKMAN) KTOY RADIO.

Hypothermia When Cold A KillerLove:

Many people believe that cold weather is only a problem when the temperature drops below freezing. They don't realize that exposure to wind or wet clothing next to the body can reduce body heat to such a degree that death can result from the body's inability to maintain a minimum level of warmth. Most hypothermia cases develop in air temperature between 30 and 50 degrees, according to the Evergreen Safety Council. It is difficult for most persons to understand that such temperature can be dangerous. They fatally underestimate the danger of being wet at such temperatures. Fifty degree water is unbearably cold. Water at such a temperature running down the nect, or held against the body by wet clothing can flush away body heat much faster than the body can possibly replace it.

Reporter's arrest blasted

SAN FRANCISCO —Sigma Delta Chi, the national journalism society, has labeled as "frightening" the imprisonment of a Newark, N.J., reporter for refusing to reveal a news source.

"It is a very sorry thing, frightening, to see the coercive power of the court used to punish a reporter," said a statement issued by Dick Fogel, chairman of the society's national freedom of information committee.

"It is a reporter's function to serve the public through investigation of wrong doing by officials or anybody else.

"In the long run it is the public which will suffer through loss of knowledge about the functioning of its governmental institutions," the statement said.

AN EVENING OF PLEASURE
AT
THE ESQUIRE CLUB 1519 BROADWAY

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SPONSORED: BY "LORRAINE AND HARRIET"
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FOR YOUR DANCING AND LISTENING PLEASURE
"MUSIC BY: SEATTLE "HOT ICE"

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Good Food-Excellent Service
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AREN'T THEY PRETTY?

The beautiful Dingalings featured on the nationally televised Dean Martin Show will be integrated this season with the addition of captivating Jayne Kennedy, left. Another black, comedian Nipsey Russell, is also a fixture

SCLC staff photo by Spurgeon Smith

(From left to right) Mrs. Claud Young of Detroit, Mich.; Rev. Hosea Williams, President of the Metro Atlanta/DeKalb SCLC (Organizer and Coordinator of the National Defense Committee to Save Emily Butler); Miss Angela Davis, Co-Sponsor of the National Defense Committee to Save Emily Butler; Dr. Ralph David Abernathy, National President of SCLC and Co-Sponsor of the National Defense Committee to Save Emily Butler; and Brother Ron Carter, leader of the Atlanta Black Panther Party. Not shown: Representative Julian Bond, Co-Sponsor of the National Defense Committee to Save Emily Butler.

CONNORS THEATRES

Rialto
R He's got a plan to stick it to The Man!
Ron O'Neal in
"Superfly"
Road Runner Cartoon!
"Zipping Along"

Roxy
X "Maid In Sweden"
This co-hit is Not for Shy or Prudish People!
Moonlighting Wives

Temple
G The Award-Winning Film For Everyone!
"Fiddler On The Roof"

Narrows
R An Outrageous Movie!
"Fillmore"
and Everyone did it for the love of it.
"Celebration At Big Sur"

Try Us & Save $
Nelson's Auto Parts
FU 32493
1502 so K

Federal authorities tell us that it costs 13.55¢ per mile to operate the modern, full-sized, domestic automobile. That's a $6,775 investment for a car driven 50,000 miles.

What can be done by the average motorist to reduce costs? Initially, he can stay away from gas-drinking, high horsepower engines. He also can forego the purchase of luxury interiors and vinyl tops.

What extras should be purchased? Good long-range investments include heavy duty suspension, radial tires, electronic ignition and rustproofing.

After purchasing the car the American motorist can save money by learning to drive with mileage in mind. Driving downhill, he should travel as fast as conditions and speed limits permit. Uphill is another story—nice and easy does it. Scorching stoplight starts are dangerous and costly. And idling the engine unnecessarily wastes gasoline and needlessly pollutes the air.

Paying scrupulous attention to service requirements also will lower costs. Motorists should try to effect repairs at home if they are mechanically inclined.

Today's Tip:

Someone said there are no bad cars, only bad maintainers. Ask your friends where they take their cars.

THOUSANDS OF READERS GET YOUR MESSAGE WHEN YOU SOUND OFF IN THE ★ FACTS CLASSIFIED ADS ★

"OUR WANT ADS WORK FOR YOU"

LET THE TACOMA FACTS

FIND WORK | RENT

FIND JOBS | SELL

ANYTHING | BUY

MA 7 5597

WALKER'S SERVICE

Exxon

At Walkers everyone gets a tiger in his tank.

ELECTRONIC SCOPE TUNE-UPS

ROAD SERVICE

Chuck Walker

COMPLETE BRAKE SERVICE
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HUD doesn't sell houses, so please don't call HUD for details. All sales are made through professional Real Estate brokers. Almost all licensed Real Estate brokers have complete lists of homes available. They will be glad to help you find the home suitable for you, and to answer all your questions. Call one today. Ask him about HUD availabilities.

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Cont from front page

BLACK MARINE FENCER IN OLYMPICS

The Olympic Games and training for them have been foremost on Lt. Freeman's mind for the past year. For 12 months, his foil had laid idle, due to military commitments and lack of worthy opponents, and he "lost a lot of spart" before he resumed competition.

Last year training began anew for the 1970 gradaute of the U. S. Naval Academy. Lt. Freeman combed the middle-Atlantic states for competition. The 24-year-old Marine practiced in Virginia early in the week; fenced at the Naval Academy during mid-week; then drove to Philadelphia, his home town and site of many potential matches, for the weekend. All this was done while still attending his military duties in Quantico, Va.

Even during his casually spent hours, talking with wife, Stephanie, or listening to the stereo, his agile left wrist would dart to and fro, seemingly sparring with an imaginary foil against an imaginary foe.

Unlike many others in this year's Olympic competition, Lt. Freeman's interest in fencing didn't begin in childhood. At St. Joseph's Preparatory School in Philadelphia, where he attended high school, there was no fencing team. Instead, Lt. Freeman was on the track team and competed in the 100-yard dash and low hurdles.

"I was no big speedster," says Lt. Freeman. "Fencing was no where in my mind, even after I was accepted in the U. S. Naval Academy."

The Marine officer recalled that recruiters visited his high school looking for eligible blacks.

"It looked like a pretty good opportunity," he says. "I believe in taking advantage of opportunities when they come. So I said "why not?'"

At the Naval Academy, Lt. Freeman learned to fence. He made the team his first year. In his junior year, he was an All-American and ranked third in foil competition by the NCAA. In his senior year (1970), he was the NCAA Foil Fencer of the Year and captain of his team. For his first four years of competition, that began within months of picking up a foil and adjusting his mask for the first time, he amassed a record of 43 wins against only 18 losses.

While at the Naval Academy, he won another award: The coveted Naval Athletic Association's Sword for being the most outstanding varsity athlete. This was the first time the award was ever given to a member of the fencing team.

When in a match, Lt. Freeman becomes a kind of electrified man--in more ways than one. For competition scoring, his foil produces a small electric charge when placed in contact with the vulnerable parts of his opponent's body. Under his fencing tunic is a slightly padded chest protector that is also electrified, sensitive to his opponent's thrusts. In this way, a tally is kept electronically and determine the winner of the match.

"Energy is my main advantage over many opponents," he says. "They are older than I and usually have 10 or 15 years more experience. That 'experience' is what I am up against.

"The way I even the odds is by running five miles and practicing three or four hours every day."

Lt. Freeman elected to join the Marines upon graduation from the Academy. He meshed extremely well with the Corps enlightened recruitment campaign. The current recruitment slogan is that the "Marines want a few good men," with the emphasis on "good." The Marine Corps, actively looking for young men to become officers, is particularly interested in black applicants.

Only a few of its officers join as did Lt. Freeman. The Marine Corps looks chiefly to colleges and universities for men with the potential to lead. Because most of the Corps' officers programs require a bachelor's degree before commissioning, Marines visit college campuses only to interview possible officer candidates.

A large number of Marine Officers earn their commissioned rank through the summer training program known as Platoon Leaders Class (PLC). It is open to freshman, sophomores and juniors. Local Marine Corps recruiters can give more information on this and other programs.

The Corps wants a few good men...as Lt. Bert Freeman, a Marine and member of the U. S. Olympic team, will attest to.

NOTICE

All Tacoma schools including the L. H. Bates Vocational-Technical Institute will be closed next Monday, Veteran's Day.

The three-day weekend results from a state and national holiday.

All classes will resume at normal times Tuesday morning, district officials said.

WOMEN on Wheels

Plymouth's Liz Stimley
In the Driver's Seat

Attitude and Safe Driving

The young man who tries to "burn up the road" after an argument with his sweetheart may endanger your life.

Attitude is a key part of safe driving. Various studies of traffic violators indicate many offenders were suffering some emotional problem before they broke the law.

Even the safest driver may become extremely reckless if driving while emotionally upset.

You may never get angry enough to hurt anyone (even though you may have considered it) but if you are upset, even a little, you won't be at your best behind the wheel.

The best way to keep your mind on driving safely is to leave your problems out of the car. If you can't forget them, don't drive.

If you're worried, tired, or upset, the odds increase that you will day dream while driving . . . and the odds are all against you.

Paying attention to traffic requires practice. Professional drivers admit that it takes years of concentrated effort to learn those skills.

Sayers, A Football Great Retires

GALE SAYERS

CHICAGO — Gale Sayers, running back of the Chicago Bears retired after failing to comeback from injuries. Sayers, who in only 68 games established himself as pro football's finest halfback, decided to call it quits after fumbling twice in a preseason game against St. Louis.

In an exclusive interview with the National Black News Service, Mr. Sayers spoke from his office as sport director of Channel 26 in Chicago. In commenting on the trials of coming back after an injury, he said, "One day it hurts, then the next day it feels good again, so you keep hoping and looking for that day."

For Sayers, football "afforded him the chance to have the fine relationships like he had with Brian Picollo" while allowing him to do "something he really loved to do." Sayers also managed to set 8 NFL records during his career.

In explaining his success, he said, "You have to be dedicated to it and you have to deliberate and deliberate and you cannot think about anything but the specialty that you choose." Now that Sayers is in television, he should continue this pattern and succeed in it as any other field.

But for most of us football will be an emptier place without a man who "was married to it and loved it."

Repair On Tacoma City Jail Continues

General Occupancy of the Tacoma City Jail will begin early next week as work continues on repairing damages resulting from a fire in the men's section which took place Monday evening.

Trustees began occupying quarters in damaged section of the jail today as crews continued the arduous task of repairing broken windows, washing walls and cleaning up debris.

Major Dale Deskins, Assistant Chief of Police, said there was some structural damage to the jail facilities, however, work on this could be continued while the jail was being occupied.

The booking station was moved back into the men's section today after being temporarily located in the women's section of the City Jail. The jail is located on the third floor of the County City Building.

"We have an enourmous amount of house-cleaning yet to do," commented Deskins. "It's going to take quite sometime before it is back to normal, but due to some excellent coordination of work crews by our own staff and those in charge of the County-City Building, we are progressing rapidly."

Specialists have been inspecting the facility to determine the exact extent of structural damage sustained in the blaze Monday evening. The two-alarm fire resulted in the evacuation of all city prisoners and temporary evacuation of county prisoners from the fourth floor County Jail.

Damage estimates have still not been compiled due to the pending results of inspection teams considering structural damage. Deskins said insurance investigators and adjusters had been on the scene since early Tuesday to determine preliminary damage estimates.

All of those injured in the fire Monday evening have been discharged from Tacoma hospitals. A total of eight prisoners and nine police officers suffered smoke inhalation following the fire which started in the restraining cell.

Authorities have charged 19 year old Keith A. Glassburn of Peru, Indiana with arson as a result of the fire.

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First Black To Take Command Of Major Army Reserve Troop

FT. MEADE, Md.,--Benjamin L. Hunton, a US Army Reserve brigadier general and Washington, D.C. native, has been named the new commander of the 97th Army Reserve Command (ARCOM), here. General Hunton, the first black officer ever to hold general officer rank in the Army Reserve, now becomes the first black to take over a major Army Reserve troop command.

Lieutenant General C.E. Hutchin, Jr., commander of the First US Army, in announcing General Hunton's appointment, said he was well qualified by background and experience for the two-star position. Command of an ARCOM is one of the most prestigious assignments attainable in the Army Reserve.

General Hunton's last assignment was as advisor to the Chief of Reserve Components, Department of the Army, as Special Assistant on Minority Affairs. His previous assignments had been as Commander, 428th Infantry Regiment (Separate); and of 317th Infantry Regiment and 1st Brigade, Basic Combat Training, 80th Training Devision, Alexandria, Va.

In civilian life, General Hunton is Assistant Director of Education and Training, US Bureau of Mines, Department of the Interior. He was area director of equal educational opportunity for the Department of Health, Education and Welfare (HEW) from 1966 to 1969.

A 1940 graduate of Howard University and a World War II veteran, General Hunton earned a doctorate in philosophy from American University, Washington, D.C. in 1954.

He was commissioned through the Reserve Officer Training Corps program at Howard University and later during World War II returned there as assistant professor of military science and tactics.

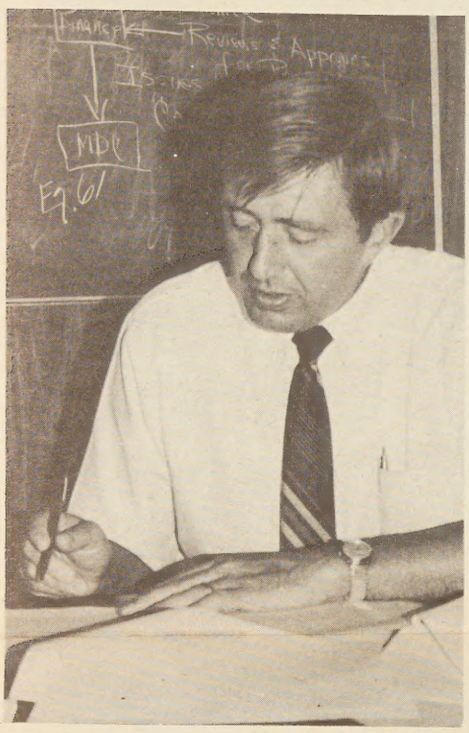
He is a graduate of the US Army Command and General Staff College, Fort Leavenworth, Kan.

The 53-year-old general and his wife, the former Jean Cooper, also a Howard graduate make their home in Hyattsville, Md., and have one son, Benjamin, Jr., a 1971 graduate of John Carroll High School, Washington, D.C., who is currently attending Florida A & M.

MODEL CITIES NEWS

TACOMA MODEL CITIES PROGRAM 622 TACOMA AVENUE SO. TACOMA, WA. 98402 593-4660

EDITORIAL



by Keith Palmquist,

This month, we were notified by the Department of Housing and Urban Development that our Second Year Plan had been approved and we are now moving into a very important phase of the Program - contract negotiation.

Those agencies which have been selected to operate projects during the Second Year are being contacted and contracts are being prepared. When the agencies and the Model Cities staff have agreed to the terms of the contracts, the contracts will be presented to the City Council for final approval. This is expected about October 31st.

All contracts will terminate September 30, 1973, the end of the Second Action Year.

During the coming months, bid specifications will be prepared. We are hopeful that prior to the Third Action Year it will be possible to solicit bids from agencies to operate projects. We are aware that there may be agencies in the community which are willing and quite capable of operating Model Cities Projects but have not been given an opportunity to do so.

If the agencies can demonstrate in their bids that they have the administrative capability (good accounting system, a skilled and dedicated staff, experience related to the project), and the cost of administering the project is reasonable, then an agency will have a good chance of being selected.

Agencies proposed to operate Second Year Project are:

PROJECT	OPERATING AGENCY
Laymen Education Program	Central Employment Agency
Tacoma Area Child Tutoring	Hilltop Multi-Service Center
Career Opportunities Program	Tacoma School District #10
Environmental Health	Department of Health
Senior Citizens Center	Association of Colored Women's Clubs
Homemaker Services	Dept. of Social and Health Services
Culture and Recreation Center	Y.M.C.A.
Adult Outreach	Central Employment Agency
Youth Outreach	Youth Contact Foundation
Narcotic Intake	Metropolitan Development Council
Manpower Satellite	State Employment Security
Communication and Journalism	Metropolitan Development Council or Bates Vocational School
Minority Contractors	Minority Contractors of Pierce County
Transportation	City Transit Department
Veteran's Action Program	Urban League
Hilltop Children's Clinic	Hilltop Children's Clinic
Boy Scout	Mount Rainier Council, Boy Scouts of America
Model Cities Group Home	Pierce County Homes for Youth, Inc.
Public Defender	To be determined
Progress Halfway House	Progress House Association
Minority Availability for Tacoma Employment	To be determined
Housing Development Project (HDP)	Public Corporation to be formed, possible sub-contract with Urban League,
Neighborhood Development Program (NDP)	Department of Urban Renewal
Community Mental Health Center Program	Comprehensive Mental Health Center

Support Your Tacoma Model Cities Program!

Warmth And Humor In Senior Citizens Variety Show

City Councilman Richard Sonntag presenting awards.

Mrs. Una Arnold playing the dulcemer.

Nearly 100 senior citizens attended a luncheon and variety talent show at the Model Cities Senior Citizens Center on Friday, September 29th.

Warmth and humor characterized the entire afternoon. So many people of all races being friends together is a delightful scene to see.

The variety show was completely planned and presented by the seniors. Sixteen different acts were a part of the show, from musical presentations to reading selections.

City Councilmen Harold Moss, George Nalley and Richard Sonntag had the difficult task of choosing the first, second and third place winners....with a special prize going to Mr. Henry Bush for his grass skirted hula dance.

First prize went to Mrs. Una Arnold, who played the antique dulcimer.

Second prize was awarded to Mrs. Althea Duncan, who very beautifully sang the old spiritual, "There is a Balm in Gilead."

Third prize was awarded to Mrs. Delphine Fulton, who recited and interpreted a poem.

According to Mrs. Bertie Edwards, Director of the Senior Citizens Center, all senior citizens are welcome to participate in the many activities offered there. The center is located at 2316 S. Yakima, and their phone number is 572-7776.

MODEL CITIES NEWS

Growing Up Healthy

by Alice Thwing,

Growing up healthy is the most rewarding experience you and your children can share. The joys, the mysteries, the excitements of childhood all slip by so quickly. It's important that you, as well as your child, experience them to the utmost. And that's only possible when a child grows up with a sound mind and a sound body.

There are many things you can do to give your child the best chance to grow up healthy. The most important thing is to take care of yourself during pregnancy and to see that you get good prenatal care and good care during delivery.

After your baby is born, get him or her under a good program of health supervision such as is offered free at Health Department sponsored Well Baby Clinics. They are called Well Baby Clinics because they provide, routine examinations, immunizations, health education and health counseling on feeding and nutrition, normal growth and development, behavior problems, skin and scalp care and care of minor illness. If problems develop, staff will refer you to the appropriate resource.

Although most Clinics serve only those children under six, there are individual differences between the clinics.

It's important to go to these clinics and it's important to go regularly. The doctors and nurses can best help you as they get to know you and your child, and after studying your child's growth and health pattern.

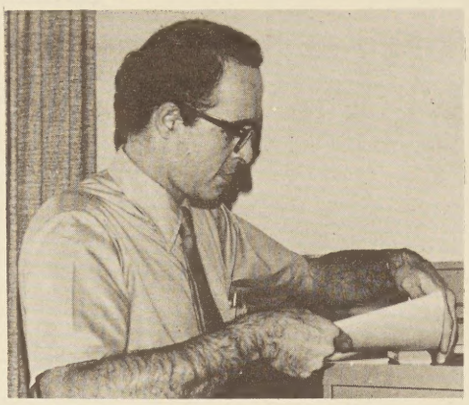
The locations and hours of Well Baby Clinics in Pierce County are as follows:

1. Buckley - Catholic Parish Hall, 1st Tuesday each month.
2. County-City Building, 6th Floor, Room 657, each Friday.
3. Eastside - 1710 East 44th, 2nd Tuesday each month.
4. Eatonville - Methodist Church, 4th Wednesday each alternate month, beginning in October.
5. Gig Harbor - Artondale Grange, 2nd Tuesday each month.
6. Hilltop - 1311 South "M" Street, 1st and 3rd Wednesday each month.
7. Lakewood - St. Mary's Parish Hall, 1st Tuesday each month.
8. Midland - St. John of the Woods, 2nd Wednesday each month.
9. Orting - Methodist Church, 3rd Tuesday each month.
10. Parkland - Methodist Church, 1st Wednesday each month.
11. Spanaway - Lutheran Church, 3rd Tuesday each month.
12. Southside (Tacoma) - Methodist Church, 56th and Puget Sound, 3rd Tuesday each month.
13. Summer - Methodist Church, 2nd Tuesday each month.
14. Puyallup - First Baptist Church, 4th Tuesday each month.

No appointments are necessary. However, all of the Clinics open at either 8:30 or 9:00 in the morning and children should be registered at that time. All Pierce County resident are welcome to this service.

Further information about the Well Baby Clinics, you should call the Health Department at 593-4060.

New Staff Member At Model Cities Office



John Rieber joined the Model Cities staff as Program Planning and Development Manager in September.

Born in New York City, John attended San Jose State University in California, where he received an undergraduate degree in psychology. After a year of graduate study in group dynamics at San Jose State, John came to the University of Washington, where he received a masters degree in urban planning, with emphasis on social planning.

John has worked as a research technician, a youth counselor for the San Jose Department, and in management and customer relations for private industry. He includes photography among his hobbies.

John sees the job of the planning component as one of "turning citizen suggestions and ideas into concrete workable programs which are then submitted to the Executive Board for their consideration."

Mayor Addresses Model Cities Scholarship Recipients At Tea

From left to right Mrs. Rosa Johnson, Mrs. Deoris Carrere, Miss Renee White, Mrs. Edna Richard, Mrs. Vandaro Petty.

A tea honoring Model Cities scholarship recipients was held on Sunday, October 8th, at Ujamaa Culture and Recreation Center.

Hostesses for the tea were Miss Renee White education planner, and Mrs. Deoris Carrere, advocate representative. Assisting with the preparations for the tea were members of the Education Task Force.

Representing the City of Tacoma, Mayor Gordon Johnston addressed the gathering, congratulating the recipients on their awards. Keith Palmquist, Acting Director of the Model Cities Program, also congratulated those present on furthering their education.

Model Cities Advisory Association Meeting Set For October 26th

The Model Cities Advisory Association is planning a community meeting for Thursday, October 26th, 7:30 p.m., in the City Council Chambers, 3rd floor of the Country-City Building.

The primary purpose of this meeting is to discuss proposed changes in the Advisory Association By-Laws and Constitution.

All Model Neighborhood residents and interested persons are urged to attend this very important meeting. Citizen participation is the backbone of the Model Cities Program. But you must take an active part if the Program is to reflect your views and wishes.

Any questions concerning this meeting can be answered by the Citizen Participation Component, 593-4660.

Ujamaa Entertainment Troupe Visit Shelton

Mr. Ron Dacus, left and Mr. Ellis Cain, right planning trip to Shelton.

On Saturday, September 23rd, the Model Cities Culture and Recreation Center and Adult Outreach Offender Project arranged for an entertainment group to present a 2½ hour show at the State Correctional Institution at Shelton.

Twenty seven Model Neighborhood residents participated in the show, including musicians, dancers, fashion models and individual artists.

Music was provided by "The Sound of Excellence," part of the black performing arts troupe "Universal Excellence." This troupe also includes a vocal group, "The Voice of Excellence", and a fashion show, "Fashions of Excellence."

In addition to the selections presented by "Universal Excellence," Mr. Victor Gordon gave poetry readings.

Eventually entertainment group hopes to include boxing exhibitions, karate exhibitions, creative dance performances, plays and possibly films.

Mr. Ellis Cain, Director of the Ujamaa Culture and Recreation Center, stated, "I view the area correctional institutions as remote extensions of the Hilltop Community because some of the young men and women confined there are Model Neighborhood residents."

He hopes to develop a circuit of penal institutions, hospitals, schools and other non-profit facilities for the traveling entertainment group. Another excursion to a penal institution is being planned for the end of October.

For further information concerning the entertainment troupe, call or visit Mr. Cain or Mr. Ron Dacus at the Center, 415 South 13th, 627-2117.